



Shape Your Future

FALL WORD SCRAMBLE

Can you unscramble the list of words below?



ACERS _____

CTA _____

CWHTI _____

OTGSH _____

MUPKINP _____

POSOKY _____

PEISDR _____

SLPAPE _____

GORANE _____

EHONLAWEL _____



Now, go back and circle all the fruits and veggies! (Hint: there are 3.)



Way to go! Now, write your favorite fruit or veggie here:



Have a happy, healthy fall! Fill half your plate with fruits and veggies, and get 60 minutes of physical activity!

Find more fun activities at

 **ShapeYourFutureOK.com**

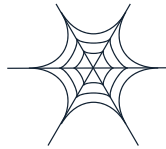




Shape Your Future

FALL WORD CREATOR

Fill in the blanks with the words that describe each picture. Then use the circled letters to find the hidden word below!



_____ (O) _____

_____ (O) _____

_____ (O) _____

_____ (O) _____

(O) _____

_____ (O) _____

(O) _____



What is a vampire's favorite part about baseball?



When you get home, play some baseball — or try any other physical activity! Just be sure to get 60 minutes of physical activity and fill half your plate with fruits and veggies!

Have a happy, healthy fall!

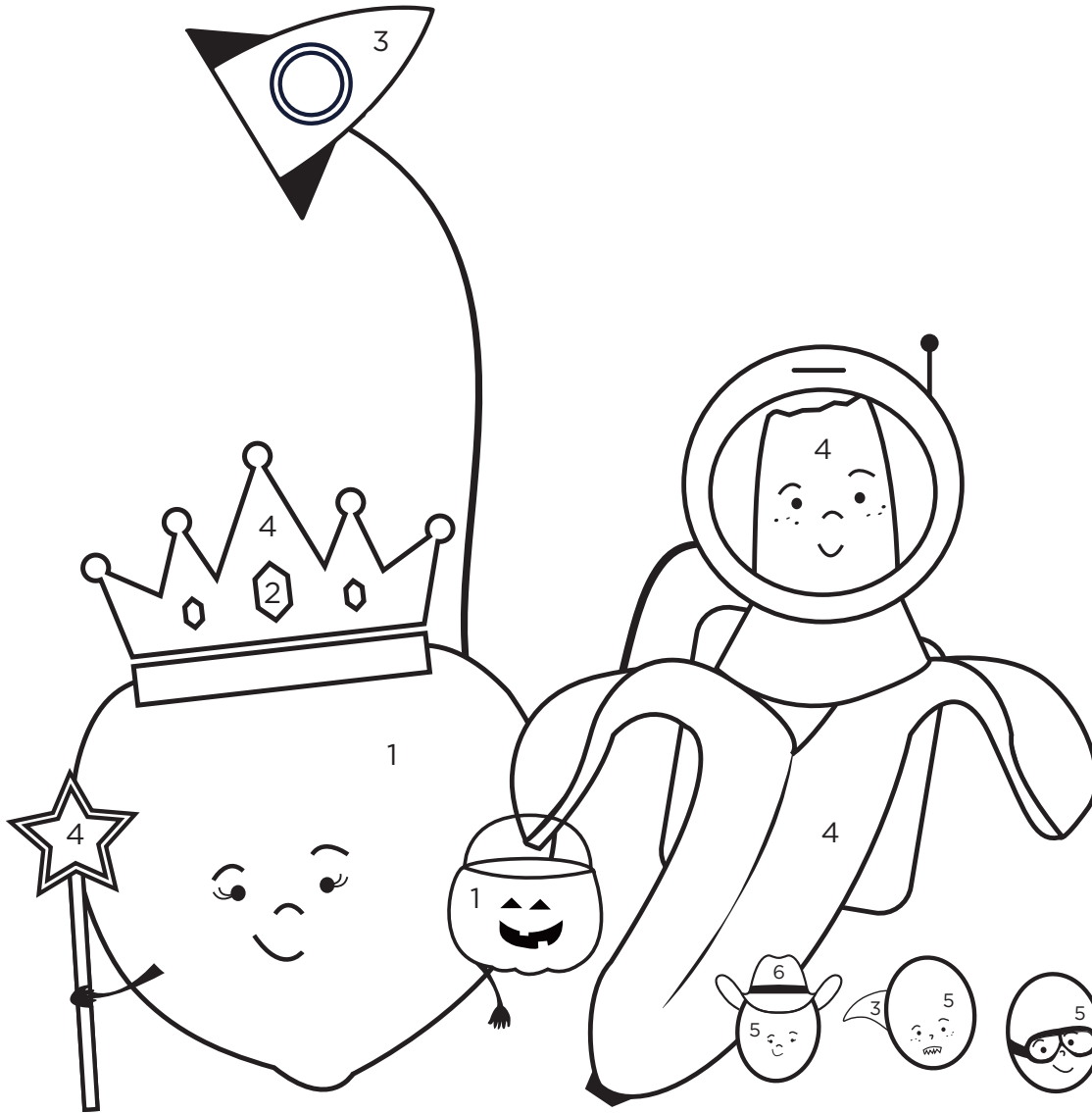




Shape Your Future

FALL COLOR BY NUMBER

Add some color to the page by following the number codes below.
Then, add some color to your life by filling half your plate with colorful fruits and veggies!



- 1 - Orange
- 2 - Blue
- 3 - Gray
- 4 - Yellow
- 5 - Lime Green
- 6 - Brown

What fruit or veggie are you hungry for?
Add it to the picture above.

Find more fun activities at

