



# Shape Your Future

## FALL WORD SCRAMBLE

Can you unscramble the list of words below?



ACERSWOCR \_\_\_\_\_

ALCKB TAC \_\_\_\_\_

CWHTI \_\_\_\_\_

HSOGT OYRST \_\_\_\_\_

KIPPMUN TCHPA \_\_\_\_\_

POSOKY \_\_\_\_\_

NFIREATNSKNE \_\_\_\_\_

BBO RFO SLPAPE \_\_\_\_\_

GORANE \_\_\_\_\_

EHONLAWEL \_\_\_\_\_



Now, go back and circle all the fruits and veggies! (Hint: there are 3.)

Way to go! Now, write your favorite fruit or veggie here:

\_\_\_\_\_



Have a happy, healthy fall! Fill half your plate with fruits and veggies, and get 60 minutes of physical activity!

Find more fun activities at

 **ShapeYourFutureOK.com**





# Shape Your Future

## FALL WORD CREATOR

Fill in the blanks with the words that describe each picture. Then use the circled letters to find the hidden word below!



\_\_\_ \_ (O) \_\_\_

\_\_\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ (O) \_\_\_

\_\_\_ (O) \_\_\_ \_



(O) \_\_\_ \_

\_\_\_ \_ \_ \_ \_ \_ \_ \_ (O) \_\_\_

(O) \_\_\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

\_\_\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ (O) \_\_\_

\_\_\_ (O) \_\_\_ \_ \_

\_\_\_ \_ \_ \_ \_ \_ \_ \_ (O) \_\_\_

(O) \_\_\_ \_ \_ \_ \_



What's a ghost's favorite fruit?



\_\_\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Try some blueberries after school — or any other fruit or veggie! Just be sure to fill half your plate with fruits and veggies and get 60 minutes of physical activity!

Have a happy, healthy fall!





# Shape Your Future

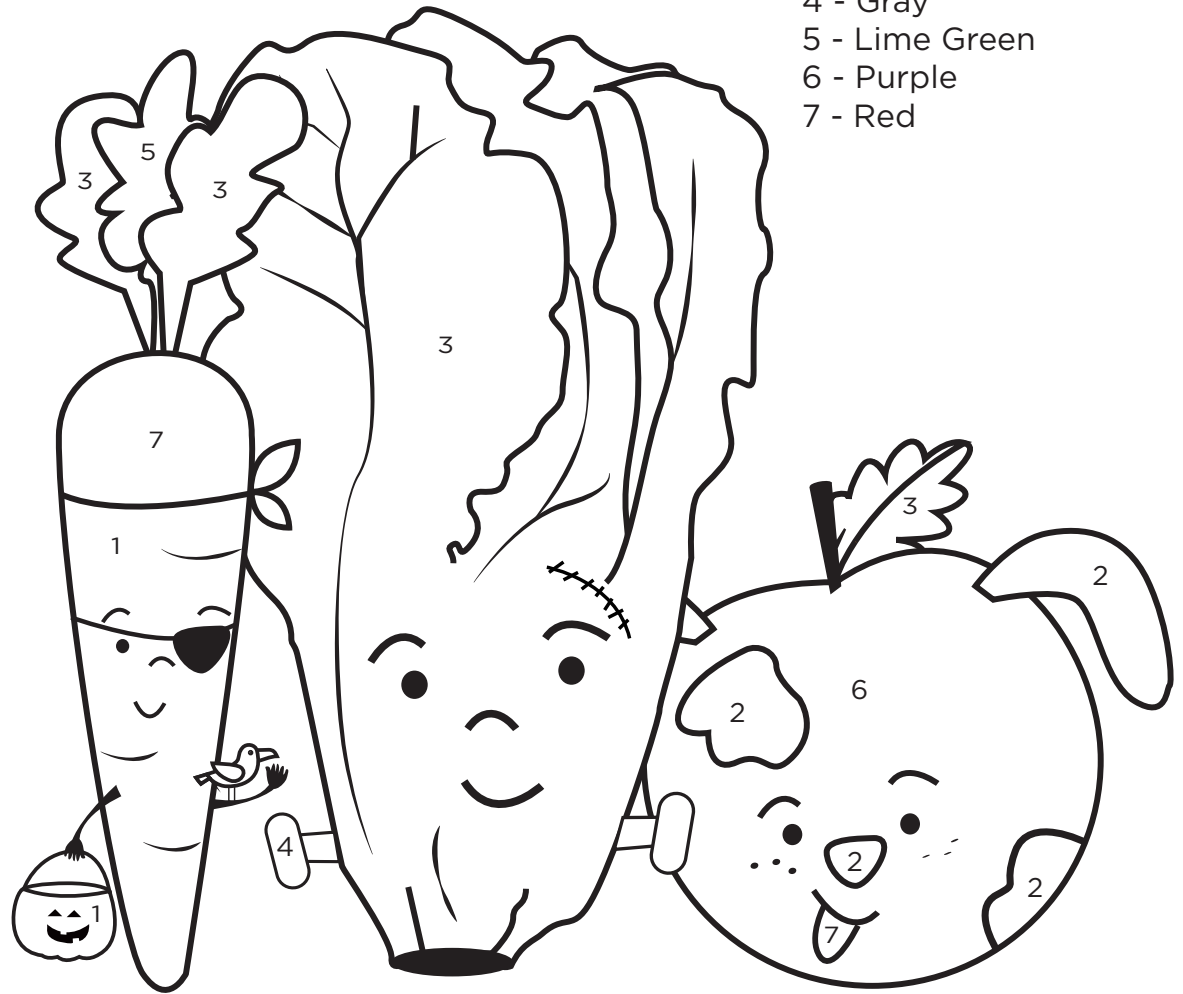


## FALL COLOR BY NUMBER

Add some color to the page by following the number codes below. Then, add some color to your life by filling half your plate with colorful fruits and veggies!



- 1 - Orange
- 2 - Black
- 3 - Green
- 4 - Gray
- 5 - Lime Green
- 6 - Purple
- 7 - Red



What fruit or veggie are you hungry for?  
Add it to the picture above.

Find more fun activities at



 **ShapeYourFutureOK.com**