

TRY THE FARMERS MARKET SCAVENGER HUNT!

Farmers markets provide kids the perfect avenue for discovering healthy foods. The best part? This adventure continues all the way to the kitchen – and your plate.

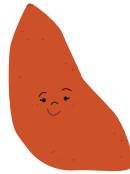
Use this scavenger hunt to get your kids excited about the smells, colors and tastes of farmers markets. See how many your kids can find!



Okra



Green Beans



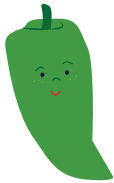
Sweet Potato



Zucchini



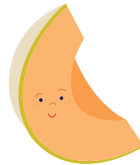
Honey



Jalapeño



Cut Herbs



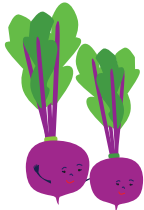
Cantaloupe



Carrot



Green Onions



Beets



Eggplant



Eggs



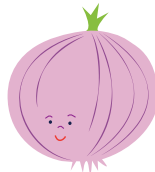
Lettuce



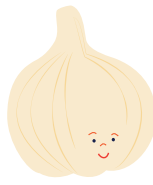
Micro Greens



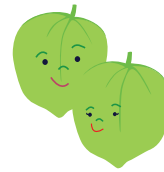
Mushroom



Onion



Garlic



Tomatillo



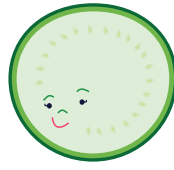
Yellow Squash



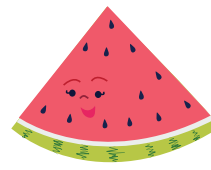
Bell Pepper



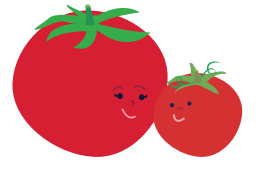
Radish



Cucumber



Watermelon



Tomatoes

Don't forget... When it comes to enjoying your tasty farmers market finds, don't be shy! Fill half your plate with fruits and veggies.

Get more healthy tips and tricks at SYFOK.com/FarmersMarket