



Complete each task, then color in the corresponding item.

**STRAWBERRY** - Eat your daily serving of fruit.

**SNEAKERS** - Walk around your neighborhood.

**RADISH** - Eat your daily serving of veggies.

**WATER BOTTLE** - Drink an entire glass of water.

**PEACHES** - Do 20 jumping jacks.

**LETTUCE** - Help cook a healthy meal.