



Boost Your Immune System

With These 7 Foods



Fatty fish



Broccoli



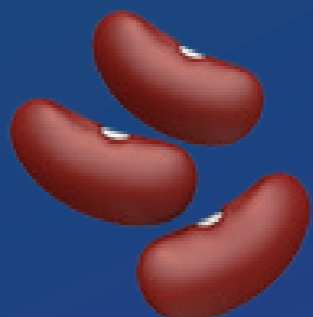
Apples



Citrus fruits



Nuts



Beans



Olive oil