



## GREEN GODDESS DIP

### INGREDIENTS

- 2 cups raw cashews
- 3/4 cup water
- 1/4 cup lime or lemon juice
- 1/2 tsp. salt
- 1 bunch fresh cilantro, stems removed
- 1 bunch parsley, stems removed
- 2-4 green onions
- 1/4 cup fresh dill
- 1/4 cup fresh tarragon (optional)

### DIRECTIONS

1. Place **cashews** in a small saucepan and add enough water to cover. Bring to a boil, remove from heat and let sit for 10 minutes. Drain.
2. Add soaked cashews, 3/4 cup **water** and **remaining ingredients** to a high-powered blender.
3. Blend until creamy.

**MAKES** About 3 cups

### TOOLS & EQUIPMENT

Measuring cups, measuring spoons, blender, small sauce pan

### GREAT ADDITIONS/SUBSTITUTIONS

Serve as a spread with assorted veggies, whole wheat crackers or pita bread. Thin with water or vinegar to use as a salad dressing.

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