

TRY THE FARMERS MARKET SCAVENGER HUNT!

Farmers markets provide kids the perfect avenue for discovering healthy foods. The best part? This adventure continues all the way to the kitchen — and your plate.

Use this scavenger hunt to get your kids excited about the smells, colors and tastes of farmers markets. See how many your kids can find!



Broccoli



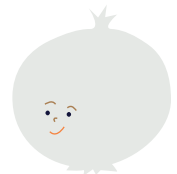
Green Beans



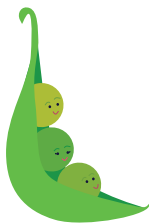
Potatoes



Cabbage



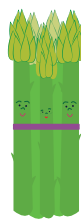
Pearl Onions



Peas



Strawberries



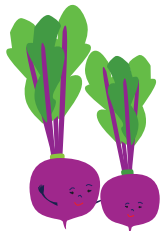
Asparagus



Carrots



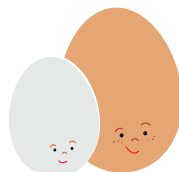
Chives



Beets



Cauliflower



Eggs



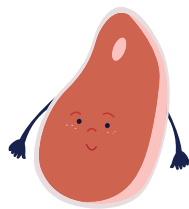
Lettuce



Spinach



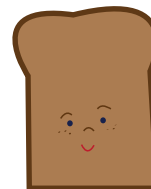
Mushrooms



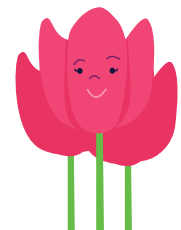
Meat



Radishes



Baked Goods



Flowers

Don't forget: When it comes to enjoying your tasty farmers market finds, don't be shy! **Fill half your plate with fruits and veggies.**

Get more healthy tips and tricks at ShapeYourFutureOK.com/farmers-markets



ShapeYourFutureOK.com



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