

COMPLETE ACTIVITIES AND EARN YOUR SUMMER BADGES!

Camper Name: _____

KITCHEN CAMPER BADGE

Earn this badge by completing 2 or more Kitchen Camper activities.

- Make fruit kebabs
- Try frozen yogurt bark
- Build your own snack plate
- Mix your own trail mix
- Make a smoothie
- Try one new fruit or veggie

BADGE EARNED 

BACKYARD ADVENTURER BADGE

Earn this badge by completing 2 or more Backyard Adventurer activities.

- Go on a nature scavenger hunt
- Make a sidewalk chalk obstacle course
- Play balloon volleyball
- Go on a follow-the-leader walk
- Have a family field day
- Try animal walks

BADGE EARNED 

RESTFUL CAMPER BADGE

Earn this badge by completing 2 or more Restful Camper activities.

- Take a sunset walk
- Read a story outside
- Stretch like an animal
- Have a pajama picnic
- Go stargazing

BADGE EARNED 

WATER BREAK CHAMPION BADGE

Earn this badge by drinking 4-6 glasses of water 5 days in a row

Day 1 Day 2 Day 3 Day 4 Day 5

Make water more fun:

- Add fruit to your water
- Decorate your water bottle
- Use water break timer during games
- Pick a camp name for your water bottle

BADGE EARNED 

MEMORY MAKER BADGE

Earn this badge by completing 2 or more Memory Maker activities.

- Make a family recipe together with a healthy twist
- Take a slow walk and talk about what you see
- Play cards or a board game, then take a movement break
- Look through old photos and talk about favorite summer memories
- Have a family field day
- Learn a game someone played growing up

BADGE EARNED 

YOU DID IT!

You made summer an adventure right at home!

My favorite camp-at-home memory was: _____

Something new I tried: _____

Something I want to do again: _____

