

FREE Classroom Resources

Encourage Healthy Choices in Your School

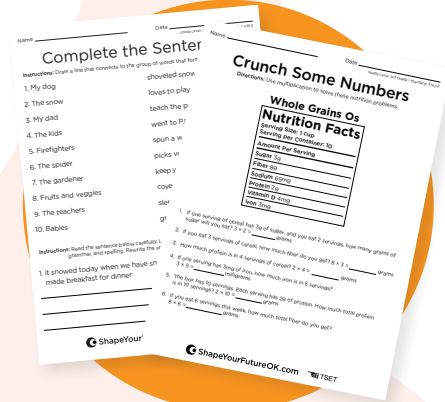


Posters

Order FREE classroom posters promoting healthy eating, physical activity and other healthy habits in an age-appropriate, educational way.

Worksheets

Download printable and tablet-friendly worksheets for Pre-K through 5th grade. All worksheets meet current Oklahoma education standards and are available for math, ELA and health education. FREE for all Oklahoma teachers.



Brain Break Videos

Stream short, classroom-friendly videos to help students move, reset and return to learning in just a few minutes.

Shape Your Future, a program of the Tobacco Settlement Endowment Trust (TSET), works to help Oklahomans eat healthy, move more, drink water, sleep better and live tobacco free. FREE classroom resources make it easier for teachers to support those goals without extra expenses and planning.

Access All Resources
ShapeYourFutureOK.com/teachers

